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PRESS RELEASE

Mon-Dak All Conference Players 2008-2009



Mon-Dak All Conference Basketball (Women) 2008-2009

1. Beata Bak	MCC	MVP
2. Kate Sharkova	LRSC	1 st Team
3. Amber Adams	WSC	1 st Team
4. Kristen Bearstail	WSC	1 st Team
5. Kallie Erickson	LRSC	1 st Team
6. Jenna Skunkcap	UTTC	1 st Team
7. Callie Hanson	LRSC	2 nd Team
8. Shannon Hildreth	MCC	2 nd Team
9. Elinor Avny	LRSC	2 nd Team
10. Whitney Sundheim	WSC	2 nd Team
11. Tami Miller	UTTC	2 nd Team
12. Kristen Brady	MCC	Honorable Mention
13. Sekoya Bighorn	UTTC	Honorable Mention
14. Natalie Giese	NDSCS	Honorable Mention
15. Brittany Westman	MSU-B	Honorable Mention
16. KaDee Melby	MSU-B	Honorable Mention

Mon-Dak All Conference Basketball (Men) 2008-2009

1. Ridge McKeither	NDSCS	MVP
2. T.J. McCauley	BSC	1 st Team
3. Trent Fildes	MCC	1 st Team
4. James Livingston	NDSCS	1 st Team
5. Luke Martinez	WSC	1 st Team
6. Maurice Foster	NDSCS	1 st Team
7. Michael Ulmer	BSC	2 nd Team
8. Justin Berry	WSC	2 nd Team
9. Shaun Knife	MSU-B	2 nd Team
10. Charlie Chapman	WSC	2 nd Team
11. Chris Davenport	DCC	2 nd Team
12. Willie Brown	MCC	Honorable Mention
13. Rochi Estes	MCC	Honorable Mention
14. Isaiah Phelgm	MSU-B	Honorable Mention
15. Gary Bangert	DCC	Honorable Mention
16. Tyrone Williams	MCC	Honorable Mention